XM Satellite Radio is an important part of my driving. I live in the greater Washington, DC-Batltimore are and frequently drive the NJ Turnpike to northern NJ. The traffic channels help to make driving a lot less stressful. I used to try to find traffic reports on local stations but they were rarely current if I could find them. When traveling, I can easily access the correct station on XM. The local weather also helps in my travel planning. I can access the NY station, for instance, to find out what to expect in weather. I cannot access local NY stations from Baltimore to find out the weather.